



August 28, 2020

## Free Mental Health Webinars for your Clients

We at RBC Insurance® are pleased to present “**Through the Looking Glass: Thriving in the New Normal**”, the third in a series of manager training webinars supporting mental health.

As we adapt the new normal resulting from several months of pandemic related impacts on both personal and work lives, it is important to identify and address mental health risks that may arise from such unprecedented circumstances. This series of mental health training webinars for people managers aims to provide best practices and effective guides for recognizing and conquering a variety of challenges created by extended remote work and physical distancing measures.

### What you need to know

The September webinar, “**Through the Looking Glass: Thriving in the New Normal**”, aims to equip people managers with the tools to effectively manage workplace impacts and support employees as they transition back to work with a revised definition of normal. The webinar will provide key strategies for leading during uncertain times, adapting policies and procedures, engaging teams and how to identify and support employees who are struggling.

### Here is what webinar attendees are saying...

Our first two webinars have been met with positive feedback and the response has been exceptional. 97% of attendees agree or strongly agree that the webinars have met or exceeded their expectations, and are able to apply what they learned effectively.

### How to Register

We'll be sharing this message with your clients in the [attached communication](#) on September 2nd. The plan sponsor message includes a link to a flyer that can be shared with their people managers and includes dates and registration links for the August sessions.

As a reminder, the full list of these monthly webinars can be found [here](#).

### Questions?

If you have any further questions on how RBC Insurance can support your clients and their employees, please feel free to reach out to us at any time. Your RBC Insurance Group Sales Consultant and their team are here – virtually – to support you. Call us at 1-855-264-2174.

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