

November 10, 2020

**Read time: less than 2 minutes**

## Two administrative changes for sleep apnea machine claims

**WHY THIS MATTERS TO YOU: These changes could affect claims in Client plans.**

We're making the following changes in January 2021, as part of our commitment to managing claims administration costs.

**1. Starting January 1, 2021, we'll no longer reimburse for CPAP machines in cases of mild obstructive sleep apnea.**

We'll continue to reimburse Continuous Positive Airway Pressure (CPAP) machines for moderate and severe diagnoses.

**This is in keeping with industry practices and CADTH guidelines.**

The Canadian Agency for Drugs and Technologies in Health (CADTH) recommends lifestyle changes for mild obstructive sleep apnea rather than CPAP machines.

CADTH defines mild sleep apnea as an Apnea-Hypopnea Index (AHI) of under 15.

**2. Sun Life will coordinate reimbursement with provincial health coverage in Ontario, Manitoba and Saskatchewan.**

For moderate to severe cases, we'll reimburse up to a reasonable customary limit, less the amount the province covers. This will apply even if the plan member doesn't take advantage of the provincial amount available to them.

These changes will help ensure your Clients and their plan members keep getting the best value from your plan.

Advisor Edition

# Focus Update

[sunlife.ca/focusupdate](https://sunlife.ca/focusupdate)

## **There are Client and plan member communications.**

Clients will get a [Focus Update](#) later this week. We have created a [notice](#) that Clients can share with plan members, so they're aware of this change.

## **Questions? We're here to help.**

Please contact your Sun Life Group Benefits representative.

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